



ARE YOU AT RISK FOR OSTEOPOROSIS?

Worldwide Osteoporosis causes 8.9 million fractures annually.

These painful fractures usually involve the hip, spine and wrist and can lead to disability limiting mobility and independence.

Our bone health clinic, headed by Dr. JoAnn W. Dervay, FAAPMR, is designed to help our patients avoid the devastating complications of osteoporosis by screening and providing prevention and treatment strategies.

You should consider screening if you have the following risk factors:

- Postmenopausal female not taking hormone replacement therapy.
- Postmenopausal female with recent fracture.
- A man greater than 70 years of age with a wrist, hip or spinal fracture.
- You take medications that thin your bones.

Our Bone Clinic offers the following services:

- Diagnostic testing and screening for osteoporosis.
- Medications for the treatment of osteoporosis.
- Dietary counseling and exercise prescription for the treatment and prevention of Osteoporosis and related fractures.
- Coordination with your primary care physician and other health professional as needed.

ASK YOUR AOS DOCTOR FOR MORE INFORMATION OR
BOOK YOUR APPOINTMENT TODAY AT 321-3360!

